



# BUILD YOUR OWN BREAKFAST BOWL

School District: Chicopee Public Schools, Massachusetts  
 Operator: Greta Shwachman, Farm to School Program Coordinator



## Scrambled Eggs

### SERVING UTENSILS

- \_\_\_ Tongs
- \_\_\_ Spatula
- \_\_\_ Disher #\_\_\_
- \_\_\_ Ladle \_\_\_ oz
- \_\_\_ Spoodle \_\_\_ oz

## Potatoes:

- Diced*
- Patty*
- Roasted*
- Rounds (tots)*
- Shredded*

### SERVING UTENSILS

- \_\_\_ Tongs
- \_\_\_ Spatula
- \_\_\_ Disher #\_\_\_
- \_\_\_ Ladle \_\_\_ oz
- \_\_\_ Spoodle \_\_\_ oz

## Salsa

### SERVING UTENSILS

- \_\_\_ Tongs
- \_\_\_ Spatula
- \_\_\_ Disher #\_\_\_
- \_\_\_ Ladle \_\_\_ oz
- \_\_\_ Spoodle \_\_\_ oz

## Peppers and Onions

### SERVING UTENSILS

- \_\_\_ Tongs
- \_\_\_ Spatula
- \_\_\_ Disher #\_\_\_
- \_\_\_ Ladle \_\_\_ oz
- \_\_\_ Spoodle \_\_\_ oz

## Diced Turkey Ham

### SERVING UTENSILS

- \_\_\_ Tongs
- \_\_\_ Spatula
- \_\_\_ Disher #\_\_\_
- \_\_\_ Ladle \_\_\_ oz
- \_\_\_ Spoodle \_\_\_ oz

## Sausage Crumbles

### SERVING UTENSILS

- \_\_\_ Tongs
- \_\_\_ Spatula
- \_\_\_ Disher #\_\_\_
- \_\_\_ Ladle \_\_\_ oz
- \_\_\_ Spoodle \_\_\_ oz

## Cheddar Cheese

### SERVING UTENSILS

- \_\_\_ Tongs
- \_\_\_ Spatula
- \_\_\_ Disher #\_\_\_
- \_\_\_ Ladle \_\_\_ oz
- \_\_\_ Spoodle \_\_\_ oz

WEEK \_\_\_\_\_ DAY \_\_\_\_\_ LINE \_\_\_\_\_

\_\_\_SANITIZING SOLUTION & CLOTH \_\_\_PLASTIC GLOVES \_\_\_PAN \_\_\_FRESH APRONS \_\_\_THERMOMETERS

SPECIAL INSTRUCTIONS: \_\_\_\_\_

Ranch

Sriracha

Ketchup

Purple – Meat/ Meat Alternates Green – Vegetables Blue – Dairy Red – Fruit Orange – Grains Yellow – Other